



# TEJABAN

RESTAURANT

## LUNCH

FROM 12:30 PM TO 5:30 PM

### SNACKS



AVOCADO HUMMUS    
Chickpeas, Sesame Oil & Lemon Juice

\$9

### SALADS

GREEN SALAD    
Lettuce, Asparagus, Avocado, Cucumber,  
Bell Pepper, Green Beans & Alfalfa Sprouts

\$8

CITRUS SALAD    
Spinach, Green Beans, Orange Supreme,  
Grapefruit Supreme, Olive Oil, Parsley,  
Toasted Garlic & Walnuts

\$9

MIXED SALAD  
Lettuce Mix, Bell Pepper, Cherry Tomatoes,  
Cucumber, Carrot, Pickles & Blue Chesse  
Dressing

\$8

### SOUP

ROASTED PEPPER & TOMATO SOUP   \$8  
Bell Pepper & Tomato


TLALPEÑO STYLE CHICKEN BROTH  \$8  
Spicy Chicken Broth, Vegetables, Avocado  
& Sour Cream

### SEA OF CORTES SPECIALTIES

\*TROPICAL MIXED CEVICHE   \$21  
Shrimp, Fish, Mango, Cilantro, Red Pepper,  
Onion, Toasted Garlic, Corn Kernels,  
Orange Supreme & Lemon Juice

\*TEJABAN STYLE CEVICHE    \$21  
Tuna, Octopus, Scallops, Cherry Tomatoes,  
Onion, Cilantro, Lemon Juice, Tomato Juice,  
Serrano Pepper, Sesame Oil & Orange

SHRIMP COCKTAIL  \$21  
Shrimp & Cocktail Sauce

\*PACIFIC COCKTAIL  \$20  
Shrimp, Octopus, Scallops, Onion, Tomato,  
Cilantro, Tomato Juice, Cucumber  
& Shrimp Broth

### MAIN DISHES

BAJA-STYLE TEMPURA FISH TACOS  \$15  
Flisht Tempura, Salad, Rice & Refried Beans

CHICKEN FLAUTAS  
WITH CHIPOTLE SAUCE \$15  
Corn Tortillas, Chicken, Lettuce, Cheese,  
Sour Cream, Rice, Refried Beans & Tomatillo  
Sauce

TRIO OF MOLE ENCHILADAS \$16  
Chicken, Oaxacan Mole, Poblano Sauce  
& Spicy Adobo

SHRIMP ENCHILADAS  \$15  
Sautéed Shrimp, Vegetables & Poblano  
Sauce

MUSHROOM-STUFFED  
CHICKEN BREAST \$23  
Chicken, Mozzarella Cheese, Poblano Sauce  
& Potato Purée

CHICKEN IN OAXACA MOLE \$16  
Chicken Leg Quarter, Oaxacan Mole,  
Sesame Seeds, Red Onion & Beans

EL TEJABAN BLUE CHEESE BURGER \$23  
Patty, Onion, Tomato, Pickles, Lettuce,  
Blue Cheese & French Fries

### DESSERT

THREE MILK CAKE \$6

CHOCOLATE CAKE BOMB \$8

CHEESECAKE \$8

MEXICAN CARAMEL FLAN \$6

ICE CREAM \$7  
Vanilla, Chocolate or Strawberry

 Vegetarian  Gluten Free  Fish  Seafood  Spicy

Prices are in US Dollars, 16% tax included.  
\*In compliance with Mexican sanitary regulations please be aware that consuming raw or undercooked meat, poultry  
Shellfish, or egg can increase the risk of illness transmitted through food and they are served at the customer's discretion.  
Please let your server if you have any dietary restrictions.